

DIETETIC CONSULTANCY

1. Composite Codes

Code	Dietary Services	Description of service	2020_21
84051	1 Initial Consultation (45 – 60 min)	Assessment of relevant aspects of: ⇒ Lifestyle ⇒ Biochemistry ⇒ Anthropometry (weight, height, body frame size, BMI)	286.30

		<p>⇒ Diet (24hr recall/3 day nutrition record and nutrient specific food frequency questionnaire plus analysis of data.)</p> <p>Nutrition Counseling</p> <p>⇒ Personal diet plan based on medical dietary requirements, anthropometric assessment,</p> <p>⇒ Education plus material</p> <p>(Literature)</p> <p>Report to referring professional.</p>	
2 84053	Subsequent follow ups (consultation) (15 min)	<p>Nutrition counseling</p> <p>⇒ Monitoring</p> <p>⇒ Education</p> <p>⇒ Meal planning</p>	<p>132.40</p>

		⇒ Biochemical assessment (if necessary)	
3 84055	Body composition analysis using bioelectric impedance machine	Assessment of the body composition.	120.40
4 84015	Group Therapy to a maximum of 12 patients per group, per patient	Nutrition counseling in groups ⇒ Monitoring ⇒ Education ⇒ Meal Planning	53.50
5	Proprietary Nutritional Products	<i>No benefit</i>	
6	Feeding pumps for Enteral feeding	<i>No benefit</i>	
	Feeding set	<i>No benefit</i>	
10	Transport for Home visit/hospital visit	<i>No benefit</i>	

2. Assessment Codes

Code	Dietary Services	Description of Service	
11 84131	Lifestyle assessment	Data collection and interpretation of relevant life style aspects	21.50

12 84133	Biochemical assessment	Data collection and interpretation of relevant biochemistry	10.60
13 84135	Clinical Assessment	Clinical evaluation and interpretation of signs	10.60
14 84137	Anthropometric Assessment 1	Evaluation of height and body frame	10.60
15 84139	Anthropometric Assessment 2	Evaluation of body composition	43.10
16 84141	Anthropometric Assessment 3	Evaluation of body circumferences	10.60
17 81143	Nutrition assessment 1	24 hr recall/3 day food record and nutrient specific food frequency questionnaire	109.50
18	Nutrition assessment 2	Nutrient Analysis with a computer soft ware and interpretation	128.60
19 84145	Monitoring	Evaluation of treatment implementation	32.40

3. Treatment Codes

Code	Dietary Services	Description of Service	
20	Nutrition Education	Explanation of nutrition principles	64.40

21	Diet Planing	Determination of diet prescription and for energy, macronutrients and micronutrients diet plan for	
			109.50
22	Explanation of the: Food guide pyramid for planning meals The plate model as tool to plan meals The Exchange system as tool to plan meals	Meal Planning	